

Conners Adult ADHD Rating Scales 2nd Edition (CAARS™ 2)–Short

## **OBSERVER**Single-Rater Report

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#### **CLIENT**

Name/ID: Sophie Smith
Date of Birth: May 22, 1966

Age: 57

Gender: Other–asexual

#### **OBSERVER**

Name/ID:

Client's Relationship to Observer: Friend

#### **ADMINISTRATION DETAILS**

Administration Date: August 29, 2023

Assessment Language: English

#### **SELECTED REFERENCE GROUP(S)**

Principal Reference Sample: Normative Sample–Combined Gender

Additional Reference Sample(s): None selected

Normative Age Group: 50 to 59 years

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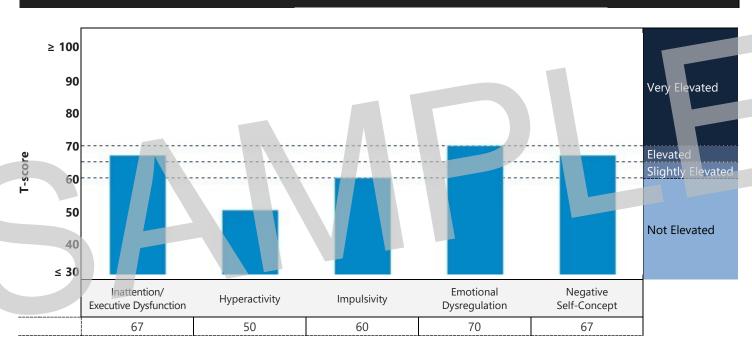


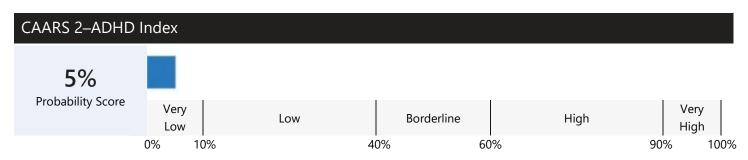
**OVERVIEW** >> Follow-Up ? Could Not Be Scored

# Response Style Analysis 2 Negative Impression Index Raw Score 0 Omitted Item(s) Within the expected range. Does not suggest unrealistically negative ratings or exaggerated description of problems. No items were omitted.

Warrants follow-up. Unusually slow pace.

#### **CAARS 2–Short Content Scales**









#### **Additional Questions**

#### Please describe any other issues or problems.

Sophie is adventurous and enjoys trying and learning new things, but she easily gets distracted. She often tells me how frustrating it is because she keeps starting new hobbies and adventures but never quite finish them.

#### What strengths or skills does this person have?

She is such a great friend, always fun to be around and have so much joy life. I always say if you need positivity, have a 5-min chat with Sophie, and you're good to go!







#### **CAARS 2-SHORT SCALES**

Content Scales						
	Raw Score	T-score	95% CI	Percentile	Guideline	# of Elevated Items
Inattention/ Executive Dysfunction	17	67	64-70	96th	Elevated	5/12
Hyperactivity	3	50	45-55	50th	Not Elevated	0/7
Impulsivity	8	60	55-65	84th	Slightly Elevated	2/7
Emotional Dysregulation	12	70	66-74	98th	Very Elevated	4/6
Negative Self-Concept	8	67	60-74	96th	Elevated	3/5

Note(s). CI = Confidence Interval.

CAARS 2–ADHD Index				
	Raw Score	Probability Score	Guideline	
CAARS 2–ADHD Index	9	5%	Very Low	





CAARS 2-Short Observer Single-Rater Report for Sophie Smith

Principal Reference Sample: 50 to 59-year-olds (Normative)

Administration Date: August 29, 2023

#### **ITEMS BY SCALE**

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#### **RESPONSE STYLE ANALYSIS**

The ratings provided are the original responses. Scores of 2 or 3 on the six items comprising the Negative Impression Index are used to calculate the raw score. Please see the CAARS 2 Manual for details.

Negative Impression Index				
Item #	Item Text In general, this person	Rating	Item Score	
1	tries to follow the rules. (R)	Just a little true; Occasionally	2	
4	finds it impossible to get things done because they forget how to do them.	Just a little true; Occasionally	0	
20	is unable to focus on anything for longer than one minute.	Just a little true; Occasionally	0	
26	throws tantrums.	Just a little true; Occasionally	0	
32	is unable to control their own behavior.	Just a little true; Occasionally	0	
45	is unable to pay attention to anything.	Just a little true; Occasionally	0	

Note. (R) = Reverse-Scored Item.

The following response key applies to all remaining tables in this section.

#### **Item Score:**

- 0 = Not true at all; Never/Rarely
- 1 = Just a little true; Occasionally
- 2 = Pretty much true; Often/Quite a bit
- 3 = Completely true; Very often/Always
- ? = Omitted item

#### **CONTENT SCALES**

Inattention/Executive Dysfunction				
Item #	Item Text In general, this person	Item Score	Elevation	
6	has difficulty prioritizing the things they need to do.	0	Not Elevated	
9	has problems organizing tasks and activities.	2	Elevated	
14	makes careless mistakes.	1	Not Elevated	
18	has a hard time planning ahead.	2	Elevated	
22	is easily distracted.	1	Not Elevated	
25	is inattentive.	1	Not Elevated	
27	forgets to check things (like their calendar, to-do list, or due dates).	3	Elevated	
37	loses focus during conversations.	2	Elevated	
40	has trouble finishing tasks at home, work, or school.	1	Not Elevated	
43	has a hard time doing things that have multiple steps.	1	Not Elevated	
47	has difficulty paying close attention to details.		Elevated	
49	has trouble following through on instructions.	1	Not Elevated	



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Hypera	Hyperactivity				
Item #	Item Text In general, this person	Item Score	Elevation		
5	appears to have difficulty staying still.	0	Not Elevated		
12	fidgets.	0	Not Elevated		
24	leaves their seat when they should stay seated.	1	Not Elevated		
28	seems restless.	1	Not Elevated		
34	moves around even when they should be still.	0	Not Elevated		
39	distracts people.	0	Not Elevated		
41	has difficulty being quiet.	1	Not Elevated		

Impuls	ivity			
Item #	Item Text In general, this person	Eio	Item Score	Elevation
15	does risky things without thinking.		0	Not Elevated
21	says things without thinking.		2	Elevated
23	interrupts people.	1.8.	1	Not Elevated
29	has difficulty waiting for their turn.		1	Not Elevated
33	seems impatient.	53.	1	Not Elevated
38	rushes through things.		2	Elevated
46	is impulsive.	<u> </u>	1	Not Elevated

Emotic	Emotional Dysregulation				
Item #	Item Text In general, this person	Item Score	Elevation		
10	has difficulty controlling their emotions.	2	Elevated		
13	is easily frustrated.	3	Elevated		
19	says things that they shouldn't when upset.	2	Elevated		
36	has moods that change quickly.	1	Not Elevated		
42	is irritable.	1	Not Elevated		
48	overreacts.	3	Elevated		

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Negati	Negative Self-Concept				
Item #	Item Text In general, this person	Item Score	Elevation		
2	sees themself as inferior to others.	3	Elevated		
7	lacks confidence in themself.	0	Not Elevated		
17	feels like a failure.	2	Elevated		
30	is self-critical.	1	Not Elevated		
44	avoids new challenges because they lack confidence.	2	Elevated		

#### **CAARS 2-ADHD INDEX**

CAARS	2–ADHD Index	
Item #	Item Text In general, this person	Item Score
3	has difficulty staying focused.	0
6	has difficulty prioritizing the things they need to do.	0
7	lacks confidence in themself.	0
8	talks when they should be quiet, like during movies, lectures, or performances.	1
11	procrastinates.	1
16	has difficulty paying attention.	1
22	is easily distracted.	1
30	is self-critical.	1
31	needs reminders to get things done.	1
35	sometimes overfocuses on details; at other times appears distracted by everything going on around them.	1
46	is impulsive.	1
50	has a harder time with things than other people do.	1

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