

**Behavior** The child puts on shoes independently.

### Materials

None

#### Structured

Say, **I want you to take off your shoes and show them to me.**

It is okay to assist the child in taking off the shoes if he or she has trouble.

Have a brief conversation about the shoes, perhaps about why the child likes them. Move the shoes so they are not in the same position as when the child removed them. Say, **Now it's time to put your shoes back on.** Hand the child his or her shoes. Note whether the child is able to place them on the correct feet without physical or verbal assistance.

#### Observation

Observe the child putting on his or her shoes. Note whether the child is able to place them on the correct feet without physical or verbal assistance.

#### Interview

**Note:** If the parent or caregiver does not allow the child to put on shoes independently, then ask whether the child is capable of putting on shoes independently.

Questions:

◆ **Does the child put on his/her shoes?**

If yes, say,

- **Does he/she put the shoes on without any help?**
- **How often does the child put on shoes, on the correct feet, independently?**

#### Scoring

**Note:** The child does not have to fasten or tie the shoes.

Points	Child puts on shoes independently
2	Typically (90% or more of time)
1	Sometimes
0	Rarely or never (10% or less of time)

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1

Starting Point ▶ 2 years, 0 months through 3 years, 11 months  
(24–47 months)

**Materials**  
None

**Behavior** The child explores his or her environment safely and independently.

**Observation**

Observe the child to determine whether he or she moves independently around the home, requiring only occasional assistance or redirection from unsafe situations.

**Interview**

Questions:

- ◆ Does the child explore his/her environment independently, without needing an adult or older child to watch him/her to make sure he/she does not get hurt?

If no, say,

- How much assistance or redirection does the child require as he/she explores to ensure his/her safety? For example, how often does the child need to be removed or redirected from an unsafe situation, such as electric outlets, or have an unsafe item, such as a small object, taken away?

**Scoring**

**Note:** It is assumed that the child is not left alone in the house (unsupervised). This item is looking at safety and not independent movement; therefore, children should not be penalized for not moving on their own. This includes children who use assistive devices, such as wheelchairs or walkers.

Points	Child explores his or her environment safely and independently
2	Requires only occasional assistance and redirection
1	Requires moderate assistance or redirection
0	Requires almost constant assistance or redirection