

# ARES

## Anger Regulation and Expression Scale

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### Progress Report

**Name/ID:** Jennifer Smith

Gender: Female

Birth Date: May 04, 1994

Normative Option: Gender-specific norms

	Admin 1	Admin 2	Admin 3
Name/ID:	Jennifer Smith	Jennifer Smith	Jennifer Smith
Administration Date:	Sep 27, 2010	Nov 01, 2010	Dec 15, 2010
Age:	16 years	16 years	16 years
Grade:	11	11	11
Assessor's Name:	ML	ML	ML
Data Entered By:	Dr. R	Dr. R	Dr. R

This Progress Report is intended for use by qualified assessors only, and is not to be shown or in any other way provided to the respondent or any other unqualified individuals.



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ver. 1.0

## Introduction

The Anger Regulation and Expression Scale (ARES) is a comprehensive self-report assessment of the expression and regulation of anger in children and adolescents aged 10 to 17 years. When used in combination with other information, results from the ARES can help identify a wide range of potentially problematic anger patterns. This report combines the results of up to four ARES administrations to help the user interpret important changes in reported expression and regulation of anger that have occurred over time. Please note that this Progress Report is intended to provide an overview of how scores have changed over time. For detailed information about any given administration, please refer to the ARES Assessment Reports. Additional interpretive information is found in the *ARES Technical Manual* (published by MHS).

This computerized report is an interpretive aid and should not be provided to parents, teachers, or youths, or used as the sole criterion for clinical diagnosis or intervention. Administrators are cautioned against drawing unsupported interpretations. Combining information from this report with information gathered from other psychometric measures, interviews, observations, review of available records, and discussions with the youth, will give the practitioner or service provider a more comprehensive view of the youth than might be obtained from any one source. This report is based on an algorithm that produces the most common interpretations for the scores that have been obtained. Administrators should review the youth's responses to specific items to ensure that these interpretations apply.

## T-score Guidelines

The guidelines in the following table apply to all T-scores presented in this report.

T-score	Guidelines
70+	Very Elevated Score (Many more concerns than are typically reported)
65–69	Elevated Score (More concerns than are typically reported)
60–64	Slightly Elevated Score (Somewhat more concerns than are typically reported)
40–59	Average Score (Typical levels of concern)
<40	Low Score (Fewer concerns than are typically reported)

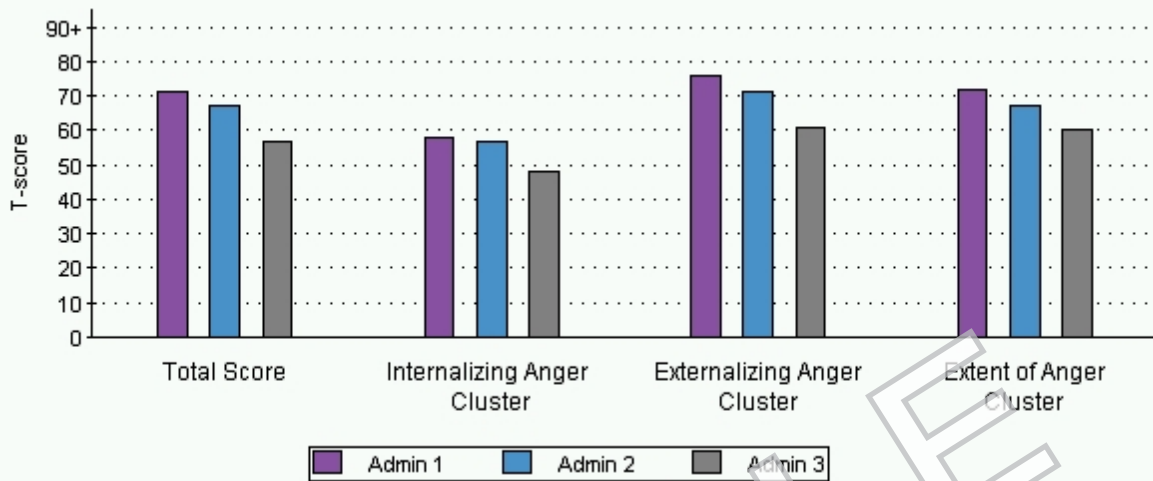
## Response Style Analysis

The following table provides Jennifer Smith's scores for the Validity scales.

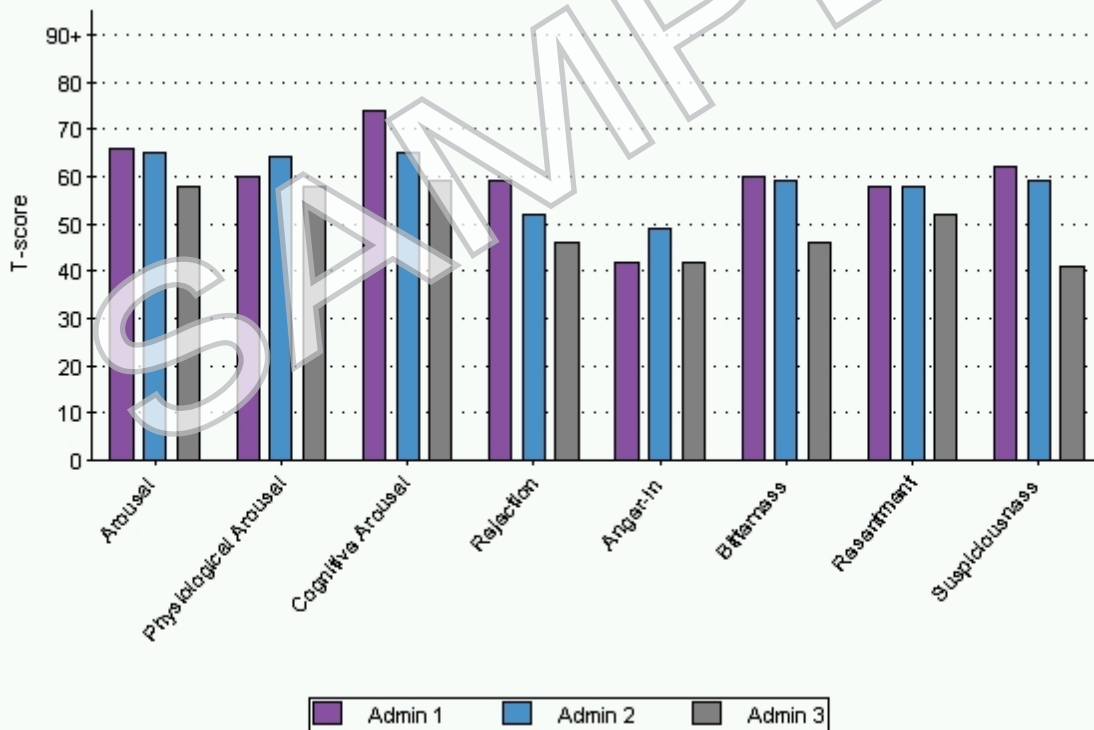
Validity Scales	Raw Score (Guideline)		
	Admin 1	Admin 2	Admin 3
<b>Positive Impression</b>	0 (positive response style not indicated)	0 (positive response style not indicated)	0 (positive response style not indicated)
<b>Negative Impression</b>	0 (negative response style not indicated)	0 (negative response style not indicated)	0 (negative response style not indicated)

## T-scores: Comparison Across Administrations

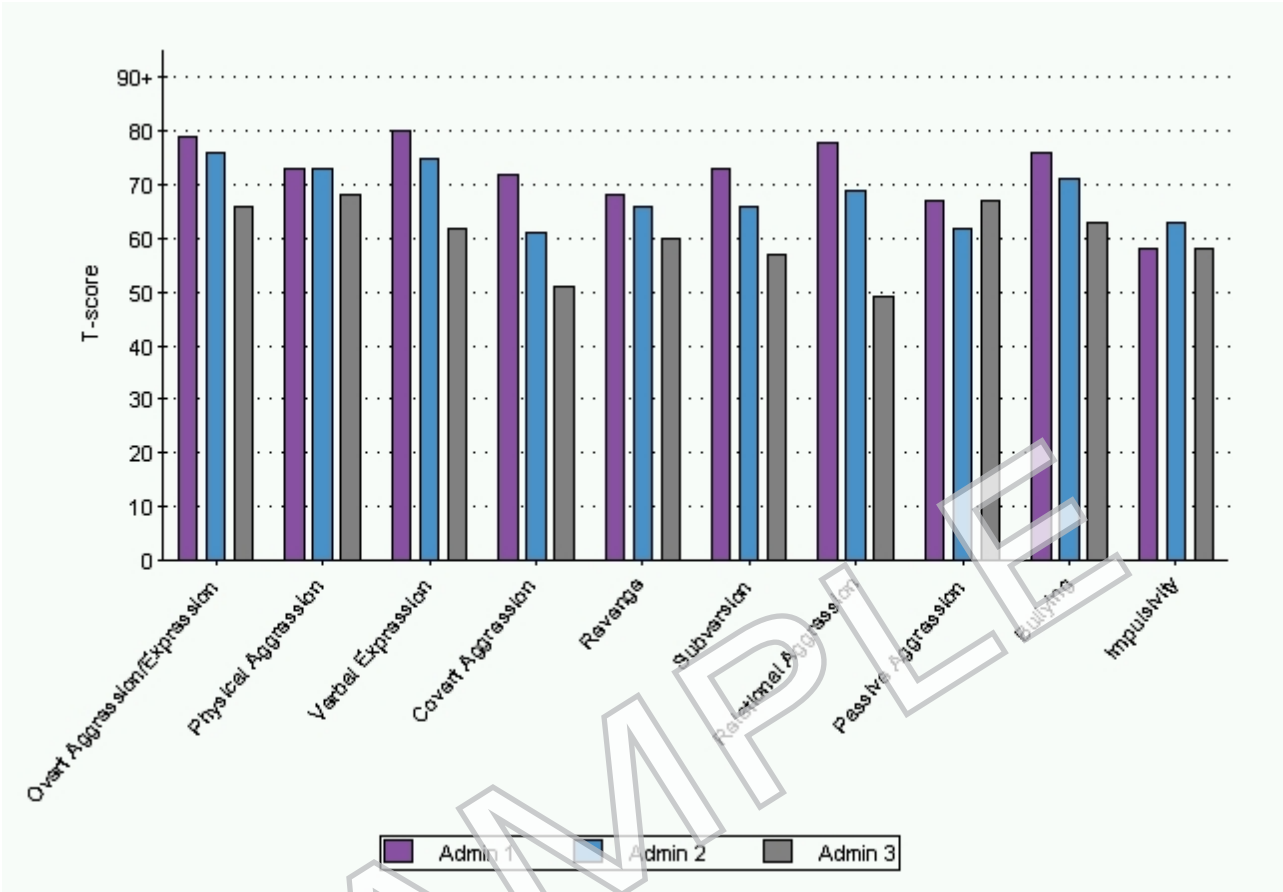
### Total Score and Cluster Scores



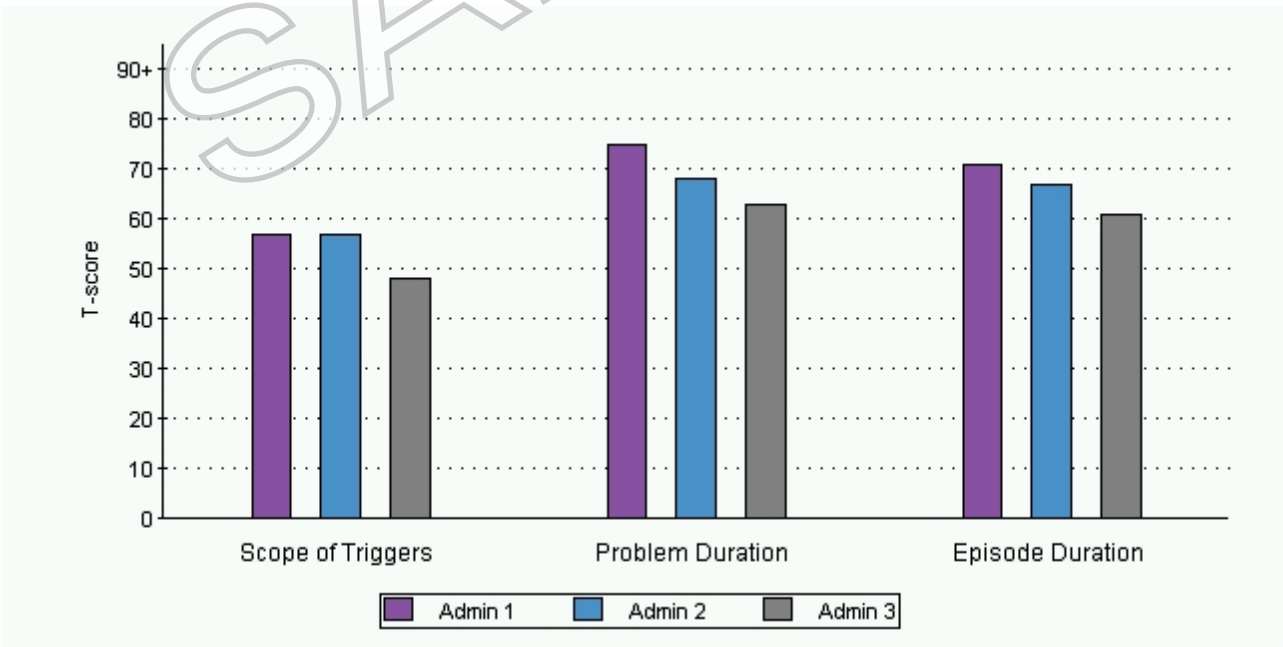
### Internalizing Anger Scales and Subscales



## Externalizing Anger Scales and Subscales



## Extent of Anger Scales



## Detailed Scores: Comparison Across Administrations

The following table displays the ARES scores for each scale, as well as any statistically significant ( $p < .10$ ) changes in T-scores. If an “Increase” was found, this indicates that the symptoms have become more pronounced (i.e., the youth’s problems have become more of a concern) across administrations. If a “Decrease” was found, this indicates that the symptoms have become less pronounced (i.e., the youth’s problems have improved) across administrations. A designation of “No Change” indicates that the amount of change across administrations did not reach statistical significance.

The following note(s) apply to all tables in the section.

CI = Confidence Interval.

### Total Score and Cluster Scores

Scale		Admin 1	Admin 2	Admin 3	Statistically Significant Changes in T-scores		
					Overall (1 to 3)	Admin 1 to Admin 2	Admin 2 to Admin 3
Total Score	T-score	71	67	57	Decrease	No Change	Decrease
	90% CI	68–74	64–70	54–60			
	Raw Score	39.7	36.8	29.0			
Internalizing Anger Cluster	T-score	58	57	48	No Change	No Change	No Change
	90% CI	55–61	54–60	45–51			
	Raw Score	10.8	10.5	7.9			
Externalizing Anger Cluster	T-score	76	71	61	Decrease	No Change	Decrease
	90% CI	73–79	68–74	58–64			
	Raw Score	17.4	15.9	12.7			
Extent of Anger Cluster	T-score	72	67	60	Decrease	No Change	Decrease
	90% CI	66–78	61–73	54–66			
	Raw Score	11.5	10.5	8.5			

### Internalizing Anger Scales and Subscales

Scale		Admin 1	Admin 2	Admin 3	Statistically Significant Changes in T-scores		
					Overall (1 to 3)	Admin 1 to Admin 2	Admin 2 to Admin 3
Arousal	T-score	66	65	58	No Change	No Change	No Change
	90% CI	62-70	61-69	54-62			
	Raw Score	2.9	2.8	2.3			
Physiological Arousal (subscale)	T-score	60	64	58	No Change	No Change	No Change
	90% CI	55-65	59-69	53-63			
	Raw Score	2.3	2.7	2.2			
Cognitive Arousal (subscale)	T-score	74	65	59	Decrease	No Change	No Change
	90% CI	68-80	59-71	53-65			
	Raw Score	3.8	3.0	2.5			
Rejection	T-score	59	52	46	Decrease	No Change	No Change
	90% CI	53-65	46-58	40-52			
	Raw Score	3.8	3.2	2.6			
Anger-In	T-score	42	49	42	No Change	No Change	No Change
	90% CI	35-49	42-56	35-49			
	Raw Score	1.3	1.8	1.3			
Bitterness	T-score	60	59	46	Decrease	No Change	Decrease
	90% CI	54-66	53-65	40-52			
	Raw Score	2.8	2.6	1.6			
Resentment (subscale)	T-score	58	58	52	No Change	No Change	No Change
	90% CI	51-65	51-65	45-59			
	Raw Score	2.5	2.5	2.0			
Suspiciousness (subscale)	T-score	62	59	41	Decrease	No Change	Decrease
	90% CI	55-69	52-66	34-48			
	Raw Score	3.0	2.8	1.3			

### Externalizing Anger Scales and Subscales

Scale		Admin 1	Admin 2	Admin 3	Statistically Significant Changes in T-scores		
					Overall (1 to 3)	Admin 1 to Admin 2	Admin 2 to Admin 3
Overt Aggression/ Expression	T-score	79	76	66	Decrease	No Change	Decrease
	90% CI	73–85	70–82	60–72			
	Raw Score	3.6	3.3	2.7			
Physical Aggression (subscale)	T-score	73	73	68	No Change	No Change	No Change
	90% CI	65–81	65–81	60–76			
	Raw Score	2.8	2.8	2.5			
Verbal Expression (subscale)	T-score	80	75	62	Decrease	No Change	Decrease
	90% CI	74–86	69–81	56–68			
	Raw Score	4.2	3.8	2.8			
Covert Aggression	T-score	72	61	51	Decrease	Decrease	Decrease
	90% CI	65–79	54–68	44–58			
	Raw Score	3.0	2.3	1.5			
Revenge	T-score	68	66	60	No Change	No Change	No Change
	90% CI	62–74	60–72	54–66			
	Raw Score	3.0	2.8	2.4			
Subversion	T-score	73	66	57	Decrease	No Change	No Change
	90% CI	67–79	60–72	51–63			
	Raw Score	2.9	2.4	1.9			
Relational Aggression (subscale)	T-score	78	69	49	Decrease	No Change	Decrease
	90% CI	72–84	63–75	43–55			
	Raw Score	3.0	2.5	1.3			
Passive Aggression (subscale)	T-score	67	62	67	No Change	No Change	No Change
	90% CI	59–75	54–70	59–75			
	Raw Score	2.7	2.3	2.7			
Bullying	T-score	76	71	63	Decrease	No Change	No Change
	90% CI	69–83	64–78	56–70			
	Raw Score	3.0	2.8	2.3			
Impulsivity	T-score	58	63	58	No Change	No Change	No Change
	90% CI	50–66	55–71	50–66			
	Raw Score	2.0	2.3	2.0			

### Extent of Anger Scales

Scale		Admin 1	Admin 2	Admin 3	Statistically Significant Changes in T-scores		
					Overall (1 to 3)	Admin 1 to Admin 2	Admin 2 to Admin 3
Scope of Triggers	T-score	57	57	48	No Change	No Change	No Change
	90% CI	49–65	49–65	40–56			
	Raw Score	2.8	2.8	2.0			
Problem Duration	T-score	75	68	63	Decrease	No Change	No Change
	90% CI	71–79	64–72	59–67			
	Raw Score	4.4	3.7	3.1			
Episode Duration	T-score	71	67	61	No Change	No Change	No Change
	90% CI	63–79	59–75	53–69			
	Raw Score	4.3	4.0	3.3			

# Item Responses

Jennifer Smith marked the following responses for items on the ARES.

Item	Rating			Item	Rating			Item	Rating		
	Admin 1	Admin 2	Admin 3		Admin 1	Admin 2	Admin 3		Admin 1	Admin 2	Admin 3
1.	1	1	1	27.	2	3	2	53.	2	3	2
2.	4	3	3	28.	4	3	3	54.	2	3	2
3.	3	3	2	29.	2	3	2	55.	5	4	1
4.	4	3	2	30.	4	4	3	56.	1	2	1
5.	3	2	3	31.	1	2	1	57.	4	3	3
6.	3	3	2	32.	3	3	2	58.	3	3	2
7.	4	4	3	33.	2	2	2	59.	3	3	2
8.	4	4	3	34.	4	4	3	60.	2	2	1
9.	3	3	2	35.	2	3	2	61.	3	3	3
10.	3	2	2	36.	4	4	4	62.	3	2	2
11.	3	2	2	37.	2	2	2	63.	3	2	2
12.	2	3	2	38.	3	3	3	64.	3	2	1
13.	3	2	2	39.	2	1	2	65.	3	3	1
14.	2	3	2	40.	2	2	2	66.	4	3	1
15.	3	3	1	41.	3	3	3	67.	4	4	3
16.	3	2	2	42.	3	2	2	68.	4	3	4
17.	3	3	1	43.	3	2	2	69.	4	4	4
18.	3	3	1	44.	4	3	2	70.	5	4	2
19.	3	3	2	45.	1	2	2	71.	5	5	3
20.	3	3	2	46.	3	3	1	72.	5	3	5
21.	3	3	2	47.	2	2	3	73.	4	5	3
22.	3	3	3	48.	3	3	1	74.	4	4	3
23.	3	2	3	49.	3	2	2	75.	5	3	4
24.	3	3	3	50.	3	2	2				
25.	2	3	1	51.	3	2	1				
26.	4	3	3	52.	3	3	3				

**Response Key:**

**Items 1 through 23:** 1 = Never; 2 = Hardly ever; 3 = Sometimes; 4 = Often; 5 = Always

**Items 24 through 57:** 1 = Never or hardly ever; 2 = About once a month; 3 = About once a week; 4 = About several days a week; 5 = Almost every day

**Items 58 through 61:** 1 = Almost nothing; 2 = Only one thing; 3 = Several things; 4 = Many things; 5 = Almost everything

**Items 62 through 65:** 1 = Never; 2 = Once in my life; 3 = A few times in my life; 4 = Several times in my life; 5 = Many times in my life

**Items 66 through 72:** 1 = A week or less, or not at all; 2 = A month or less; 3 = About 3 months; 4 = About 6 months; 5 = A year or more

**Items 73 through 75:** 1 = Only a few minutes; 2 = A few hours; 3 = All day; 4 = Several days; 5 = About a week; 6 = About 2 or 3 weeks; 7 = A month or more

**All Items:** ? = Omitted item.